

Sweet Dreams



Decorating a nursery is a tender experience, filled with hope and anticipation. Here's a look that's as sweet as those emotions, made with soft, soothing shades of lavender, green and yellow, mixed with a touch of whimsy. Together they create an enchanting nursery that's filled with fairy tale charm.

The fun, froggy border runs around the room at half-height, pulling it within a baby or toddler's range of vision. The colors are neither too bold or too bland; the soft lavender and yellow combination is warm and welcoming, and the green accents serve to liven it up. Best of all, the colors work equally well for a boy or a girl, and the

frog theme will continue to delight through toddlerhood.

What you'll need:

Paint:

- For walls, Regal® Matte paint (North Cascades 1411, Squish-Squash 311)
- For trim: Regal® AquaGlo® paint (Simply Irresistible 205)
- For frogs: Regal® Matte paint (Dill Pickle 2147-40)

Tools:

- Painter's tape, measuring tape, pencil
- Thin cardboard, craft knife
- Rollers, tray, brushes

Step-by-Step Instructions:

Step 1: Roll on the yellow undercoat (Regal® Matte paint, Squish-Squash 311). Allow to dry thoroughly.

Step 2: In a corner of the room, measure a span about four feet from the floor and mark with a pencil dot. Do the same at the other three corners.

Step 3: Now, using a pencil, draw in your water line, free form, taking care to keep it slightly irregular. Bring the level back up to your four-foot mark in the corners, so the line doesn't grow noticeably crooked.

Step 4: Mask off the area directly above the line with low-tack painter's tape.

Step 5: Cut in the area around the water line with a brush, using the blue-lavender paint (Regal® Matte paint, North Cascades 1411).

Step 6: Fill in the rest of the lavender area with a roller.

Step 7: Remove the painter's tape and allow to dry.

Step 8: Working free hand with a large artists brush, add the spirals in the same yellow as the top half of the wall (Regal® Matte paint, Squish-Squash 311). Avoid placing them in an overly symmetrical pattern.

Step 9: Make your frog stencil. Choose three to five frog shapes, copying them on a photo copier and enlarging or reducing to the desired size (hint: make them slightly larger than you think you need).

Step 10: Cut out the shapes and glue to a piece of thin shirt cardboard. Then using a craft knife, cut along the outlines to make your stencil.

Step 11: Placing the stencil along the border at irregular intervals, brush or sponge in the accent color (Regal® Matte paint, Dill Pickle 2147-40) to create the frogs. Any additional detail can be added by hand with small artist's brushes.